



Prevention & Wellbeing Service

Adult Social Care



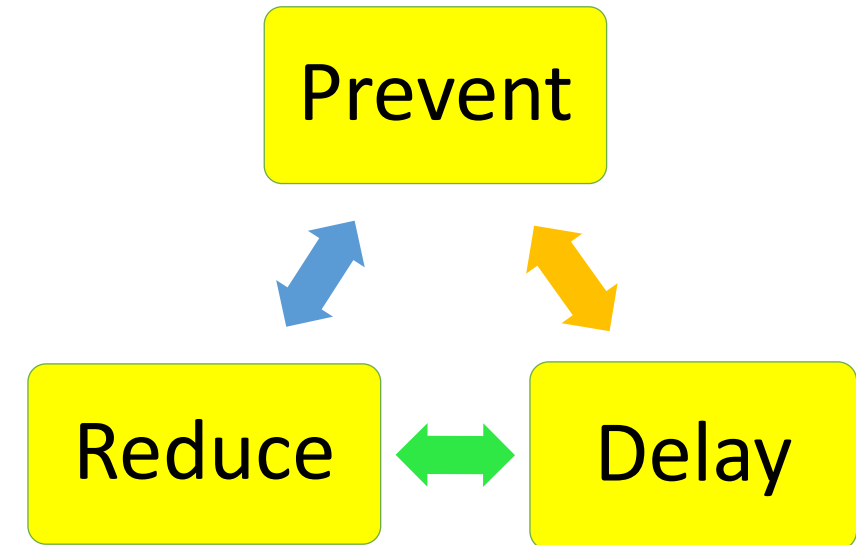
- Support disabled people and their carers
- Promote what's happening locally
- Getting people working together
- Sharing information
- And lots more...



Prevention & Wellbeing

Prevention Agenda

- Duty to promote Wellbeing
- Empowering individuals to remain independent
- Support individuals to make sustainable choices
- Put people and carers in control of their care and support
- Developing local support in the community
- Work with organisations/partners focusing on prevention





Coordination

We support disabled people and carers to remain independent and improve their wellbeing.

1. We work directly with residents known to Adult Social Care who want to improve their wellbeing in the short term, together we develop an action plan and get started.

And

2. We work in local Wards with communities to find out what is happening, to promote what is on offer and to hear what other opportunities there are to get local people involved.

Host
community
drop-ins

Set up new
activities
with
residents &
organisations

Network
with
community
partners

Provide
information
and advice

Work with
social care
staff and
share
knowledge

Specialist Dementia Support Team

Aims and outcomes of the Team:

- Work with people living with dementia and informal carers to reduce/delay the need for residential care
- Care Act Assessments and advice.
- Training with carers to increase knowledge and confidence in caring role and improve wellbeing
- Develop a carer peer support network
- Work with other professionals to share and develop what's on offer*

Criteria:

- ✓ Adults with formal diagnosis of dementia living in Barnet and informal carers who meet Care Act eligibility
- ✓ Potential that the Adult with dementia could remain living in their own home
- ✓ Carers can commit to a 6-week online training programme designed to support them in their caring role

**We work alongside the Memory Service, Barnet Carers Centre, Age UK Barnet, Admiral Nurses, Dementia Advisers and others to ensure a wrap around service for those living with dementia and their carers. As part of this approach, we take referrals from professionals.*

Development Officer

- Ensure Barnet is inclusive and accessible
- Share knowledge, information – into and out of adult social care
- Encourage partnership working in Adult Social Care with local community organisations
- Develop and shape what's on offer, raise awareness and promote opportunities for joint working



Carers

- Barnet Carers and Young Carers Partnership Board
 - Carers Strategy & Action Plan
- Carers Assessments & Care and Support plans
 - an opportunity to reflect on your role / see it all in one place
 - decide on what you are 'able and willing' to do
 - think about your wellbeing in the long term
 - plan to ensure you can continue
- Barnet Carers Centre for adult and young carers
- Other local partnerships and networking events
 - to ensure we know what's happening locally and fill any gaps
- Staff Carers Network
 - for LBB staff members to get peer advice and support
- London wide Carers Group via ADASS



Carers

An example of joint working to fill a gap.

A carer asked for ideas on how they might meet up with others locally. Her husband was living in a care home and she was finding it hard to socialise. She found there was limited time, and that often others didn't understand her situation. The coordinator and the carer approached the care home who agreed they could use the communal space to see if others with loved ones there wanted meet up. They made a poster and started the group and the carers centre agreed to join.

After a few years on the group is still running and have opened up outside of the care home for any carers to join in. They go for a walk to improve wellbeing and the Carers Centre facilitate the group to provide great information and advice.

Magnolia Court, 3rd Thursday of the month 10am-12.15.

**An idea from a carer,
then everyone working together to make a big difference.**





Social Care Direct (SCD)

Tel: 020 8359 5000 (Mon to Fri: 9am- 5pm).

Out of Hours: 020 8359 2000

(After 5pm/weekends/bank holidays).

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